

YMCA Camp Pepin Dance Camp Summary

Welcome to Dance Camp!

YMCA Camp Pepin believes that its camp experiences should be designed to enhance the YMCA's mission of building healthy spirit, mind, and body. It is our belief that giving campers the opportunity to participate in unique activities in the beauty of natural creation encourages them to learn new skills, accept new challenges, and develop confidence in themselves and others. It is our belief that offering experiences that are both physically and mentally challenging will help campers to grow in stature and in maturity. It is also our belief that offering a variety of activities where campers can succeed as individuals or as part of a team influences them to grow into well-rounded contributors to society.

Dance Camp is led by performing arts professionals who specialize in teaching ballet and modern dance. It provides a way for campers with no prior on-stage experience to become knowledgeable and to take part in every aspect of creating a dance performance. The campers will take part in designing and rehearsing their own choreographed production. The culmination of this experience is for the campers to perform their show in front of a live audience at a turn-of-the-century theater. Dance campers should be prepared to take on their reasonable share of responsibilities in putting together a full dance production.

Overview

Dance Camp is designed as an introduction to modern dance performance for those with either little or no dance experience. The skills performed will include creating a choreographed piece, rehearsing movements, using props, developing sets, and performing before an audience.

What to Bring

Please refer to the items listed on the Bring-Along List in the *Summer Planning Guide*.

Arrival and Departure Times

Dance Campers should arrive at Camp Pepin on Sunday between 2:00-3:00pm (along with all of the other campers). Parents and Guardians will pick-up Dance Campers and their belongings directly from the Sheldon Theatre in Red Wing, MN, on Friday after the 7:00pm performance (which parents, family, and friends are invited to).

Accommodations

All nights will be spent in cabins at Camp Pepin.

Lead Instructor(s)

The lead instructors are from the James Sewall Ballet of Minneapolis.

Supervision

In addition to the lead instructor(s), Camp Pepin will also have 2 staff members to supervise the campers.

Transportation

Camp Pepin staff members will drive the campers to the Sheldon Theatre from camp on Friday for dress rehearsals and the live performance. Participants will travel by 15-passenger vans, which undergo a thorough professional mechanical inspection prior to each summer camp season, and which undergo a written vehicular inspection prior to each excursion. Camp Pepin staff members participate in a driver training session that is specific to handling 15-passenger vans with trailers, and must demonstrate specific road skills and maneuvering competency before being added to the camp's vehicular insurance and being approved to drive a camp vehicle. All passengers are required to wear seatbelts any time their vehicle is in motion.

Meals

All meals will be served in the Dining Hall at the regular meal times. While at the Sheldon Theatre, the campers will be provided with sack lunches by the Food Service Director. Special dietary needs can often be accommodated on off-site trips if we are made aware of these in advance.

ItineraryMonday-Thursday

9:15-3:30 Practice in Camp Pepin's Recreation Hall (with time for lunch in the Dining Hall)

Friday

9:15 Depart Camp Pepin with belongings

9:45 Arrive at the Sheldon Theatre for dress rehearsal

7:00 Live performance at the Sheldon Theatre (Parents, family, and friends invited!)

Inclement Weather

If the weather becomes severe, campers and their staff members will follow the established severe weather guidelines and seek shelter in the location where they are practicing.

Emergency Care

Camp Pepin staff are minimally certified in Red Cross First Aid and CPR. An emergency kit and health forms will accompany all staff and campers on off-site trips. Local EMS services are available at Camp Pepin and medical facilities are available in Red Wing, MN, at Fairview Red Wing Medical Center and in Wabasha, MN, at St. Elizabeth's Medical Center (both within 5-15 miles of an area where the campers will be rehearsing or performing).

Location

Dance Camp will be held at Camp Pepin (Monday-Thursday) and at the Sheldon Theatre in Red Wing, MN (Friday).